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BOARD 101: THE VERY BASICS

OBJECTIVES

- ▶ BECOME ACQUAINTED WITH THE BOARD RULES
- ▶ BECOME ACQUAINTED WITH OUR FUNCTIONS
- ▶ BECOME INVOLVED IN A DISCUSSION OF OUR ACTIVITIES

Cal Wel & Inst Code § 5604.2 BHC RESPONSIBILITY

- (a) The local mental health board shall do all of the following:
 - (1) Review and evaluate the community's mental health needs, services, facilities, and special problems.
 - (2) Review any county agreements entered into pursuant to Section 5650.
 - (3) Advise the governing body and the local mental health director as to any aspect of the local mental health program.
 - (4) Review and approve the procedures used to ensure citizen and professional involvement at all stages of the planning process.
 - (5) Submit an annual report to the governing body on the needs and performance of the county's mental health system.
 - (6) Review and make recommendations on applicants for the appointment of a local director of mental health services. The board shall be included in the selection process prior to the vote of the governing body.
 - (7) Review and comment on the county's performance outcome data and communicate its findings to the California Mental Health Planning Council.
- (b) the board shall assess the impact of the realignment of services from the state to the county, on services delivered to clients and on the local community.

School-based Early Mental Health Intervention and Prevention Services for Children Act of 1991. [Cal Wel & Inst Code § 4370](#)

Children's Civil Commitment and Mental Health Treatment Act of 1988. [Cal Wel & Inst Code § 5585](#)

Bronzan-McCorquodale Act [Cal Wel & Inst Code § 5600](#)

Mental Health Master Plan Development Act [Cal Wel & Inst Code § 5730](#)

Adult and Older Adult Mental Health System of Care Act [Cal Wel & Inst Code § 5800](#)

Lanterman-Petris-Short Act [Cal Wel & Inst Code § 5000](#)

DATABOOK [Cal Wel & Inst Code 5772, 5612, 5613](#)

PERFORMANCE CONTRACT [Cal Wel & Inst Code § 5600](#)

PERFORMANCE MEASURES [Cal Wel & Inst Code § 5612 and 5613](#)

ADVISE, EVALUATE AND REVIEW

THE WHAT

crisis, pre-crisis, 24-hour, residential, group, detox, medicine

THE WHO

older, homeless, the young, the severely ill, the addicted

THE WHERE

the tiers, incarcerated, hospital, street, clinic, Molina

THE WHEN

THE HOW

Medicaid, MHSA, Innovation, PEI, Specialty Services

County amasses mental health funds amid need

By Lauren Mascarenhas | 6 a.m. Aug. 22, 2015



San Diego County has held Laughter Yoga events to mark Mental Health Awareness Month in May, but people have trouble accessing more basic services.

While San Diego County struggles to keep up with demand for mental health services, more than \$170 million has collected unspent in a special fund to help with the cause.

County Stashing Mental Health Needs Go Unmet



Nick Gerda/Voice of OC

The mental health funds are overseen by the county's public health agency.

By Nick Gerda September 10, 2015 at 8:26 AM [Follow @nicholasgerda](#)

As many mental health services in Orange County suffer the consequences of chronic underfunding — such as shortages of psychiatric beds and wait times for psychiatrists stretching into months — the county has built up about \$220 million in unspent taxpayer money that California voters specifically earmarked for expanding mental health services.

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THE NUTS AND BOLTS
AND STUFF THAT COULD
GET US INTO TROUBLE

Cal Wel & Inst Code § 5604 **BHC Composition**

Each community mental health service shall have a mental health board:

10 to 15 members, depending on the preference of the county

One member of the board shall be a member of the local governing body.

The board membership should reflect the ethnic diversity of the client population in the county.

Fifty percent of the board membership shall be consumers or the parents, spouses, siblings, or adult children of consumers, who are receiving or have received mental health services.

At least 20 percent of the total membership shall be consumers, and at least 20 percent shall be families of consumers.

Cal Wel & Inst Code § 5604.5 Bylaws

The local mental health board shall develop bylaws to be approved by the governing body which shall:

- (a) Establish the specific number of members on the mental health board, consistent with subdivision (a) of Section 5604.
- (b) Ensure that the composition of the mental health board represents the demographics of the county as a whole, to the extent feasible.
- (c) Establish that a quorum be one person more than one-half of the appointed members.
- (d) Establish that the chairperson of the mental health board be in consultation with the local mental health director.
- (e) Establish that there may be an executive committee of the mental health board.

Cal Wel & Inst Code § 5604 **CONFLICT FREE**

(d) No member of the board or his or her spouse shall be a full-time or part-time county employee of a county mental health service, an employee of the State Department of Health Care Services, or an employee of, or a paid member of the governing body of, a mental health contract agency.

(e) Members of the board shall abstain from voting on any issue in which the member has a financial interest as defined in Section 87103 of the Government Code.

Cal Wel & Inst Code § 5604.1 **Brown Act**

Local mental health advisory boards shall be subject to the provisions of Chapter 9 (commencing with Section 54950) of Part 1 of Division 2 of Title 5 of the Government Code, relating to meetings of local agencies.

We are open to the public

We are transparent

We provide access

WHAT IS A MEETING?

- ▶ Any congregation of a majority of the members of the group at the same time and place to hear, discuss or deliberate upon any item that is within the subject matter jurisdiction of the group:
 - ▶ Briefings and hearings
 - ▶ Committee meetings
 - ▶ Retreats

WHERE CAN A MEETING BE HELD?

- ▶ Meetings must be held within the jurisdiction of the legislative body
- ▶ Meeting sites must be accessible
- ▶ No member of the public may be required to register his/her name or provide any other information, to complete a questionnaire, or fulfill any condition precedent to attendance.

WHAT IS NOT DEFINED AS A MEETING?

- ▶ Ad hoc committees
- ▶ One on one conversations
- ▶ Open conferences or similar gatherings open to the public
- ▶ Noticed meetings of another body
- ▶ Social or ceremonial occasions

WHAT IS INCLUDED IN THE AGENDA?

- ▶ The agenda must specify the time and location of the regular meeting.
- ▶ The agenda must contain a brief general description of each item of business to be transacted or discussed at the meeting, including items to be discussed in closed session.
- ▶ No action or discussion can be taken on any item that does not appear on the posted agenda except to briefly respond to statements made or questions posed by public.

The Public Must Be Heard

- ▶ The public may address members of the body on matters on or even off the agenda, preserve the proceedings by photography or electronic recording and even broadcast them to the community.
- ▶ The body may limit the public comment; “reasonable” is generally defined as 3 minutes per speaker per topic.

OUR DUTY TO ADVISE REVIEW AND EVALUATE

Cal Wel & Inst Code § 5600.1 “The Mission”

The mission of California's mental health system shall be to enable persons experiencing severe and disabling mental illnesses and children with serious emotional disturbances to access services and programs that assist them, in a manner tailored to each individual, to better control their illness, to achieve their personal goals, and to develop skills and supports leading to their living the most constructive and satisfying lives possible in the least restrictive available settings.

Cal Wel & Inst Code § 5600.3 WHO IS Served

The so called Target Population

A. Seriously emotionally disturbed children or adolescents.

B. Adults and older adults who have a serious mental disorder:

- ▶ severe in degree and persistent in duration, which may cause behavioral functioning which interferes substantially with the primary activities of daily living, and which may result in an inability to maintain stable adjustment and independent functioning without treatment, support, and rehabilitation for a long or indefinite period of time.

C. Adults or older adults who require or are at risk of requiring acute psychiatric inpatient care, residential treatment, or outpatient crisis intervention because of a mental disorder with symptoms of psychosis, suicidality, or violence.

D. Persons who need brief treatment as a result of a natural disaster or emergency

Cal Wel & Inst Code § 5600.4 “Array of Services”

Community mental health services should be organized to provide an array of treatment options in the following areas, to the extent resources are available:

- (a) Pre-crisis and Crisis Services.
- (b) Comprehensive Evaluation and Assessment
- (c) Individual Service Plan.
- (d) Medication Education and Management
- (e) Case Management.
- (f) Twenty-four Hour Treatment Services.
- (g) Rehabilitation and Support Services
- (h) Vocational Rehabilitation.
- (i) Residential Services.
- (j) Services for Homeless Persons.
- (k) Group Services

Cal Wel & Inst Code § 5600.5 “Children’s Services”

The minimum array of services for children and youth meeting the target population criteria:

- (a) Pre-crisis and crisis services.
- (b) Assessment.
- (c) Medication education and management.
- (d) Case management.
- (e) Twenty-four-hour treatment services.
- (f) Rehabilitation and support services designed to alleviate symptoms and foster development of age appropriate cognitive, emotional, and behavioral skills necessary for maturation.

Cal Wel & Inst Code § 5600.6 **Adult Services”**

The minimum array of services for adults meeting the target population criteria :

- (a) Pre-crisis and crisis services.
- (b) Assessment.
- (c) Medication education and management.
- (d) Case management.
- (e) Twenty-four-hour treatment services.
- (f) Rehabilitation and support services.
- (g) Vocational services.
- (h) Residential services.

Cal Wel & Inst Code § 5600.7 Older Adult Services

The minimum array of services for older adults meeting the target population criteria

- (a) Pre-crisis and crisis services, including mobile services.
- (b) Assessment, including mobile services.
- (c) Medication education and management.
- (d) Case management, including mobile services.
- (e) Twenty-four-hour treatment services.
- (f) Residential services.
- (g) Rehabilitation and support services, including mobile services.

Cal Wel & Inst Code § 5650 Performance Contract

- (a)** The board of supervisors of each county, or boards of supervisors of counties acting jointly, shall adopt, and submit to the Director of Health Care Services in the form and according to the procedures specified by the director, a proposed annual county mental health services performance contract for mental health services in the county or counties.
- (b)** The State Department of Health Care Services shall develop and implement the requirements, format, procedure, and submission dates for the preparation and submission of the proposed performance contract.

Cal Wel & Inst Code § 5600.9 **Planning and Delivery**

- (a) Services to the target populations described in Section 5600.3 should be planned and delivered to the extent practicable so that persons in all ethnic groups are served with programs that meet their cultural needs.
- (b) Services in rural areas should be developed in flexible ways, and may be designed to meet the needs of the indigent and uninsured who are in need of public mental health services because other private services are not available.
- (c) To the extent permitted by law, counties should maximize all available funds for the provision of services to the target populations. Counties are expressly encouraged to develop interagency programs and to blend services and funds for individuals with multiple problems, such as those with mental illness and substance abuse, and children, who are served by multiple agencies. State departments are directed to assist counties in the development of mechanisms to blend funds and to seek any necessary waivers which may be appropriate.

Counties shall annually report data on performance measures established pursuant to Section 5612 to the local mental health advisory board and to the Director of Health Care Services.

PERFORMANCE MEASURE COMMITTEE AND OUTCOME MEASURES:

- ▶ **(1)** Numbers of persons in identified target populations served.
- ▶ **(2)** Estimated number of persons in identified target populations in need of services.
- ▶ **(3)** Treatment plans development for members of the target population served.
- ▶ **(4)** Treatment plan goals met.
- ▶ **(5)** Stabilization of living arrangements.
- ▶ **(6)** Reduction of law enforcement involvement and jail bookings.
- ▶ **(7)** Increase in employment or education activities.
- ▶ **(8)** Percentage of resources used to serve children and older adults.
- ▶ **(9)** Number of patients' rights advocates and their duties.
- ▶ **(10)** Quality assurance activities for services, including peer review and medication management.
- ▶ **(11)** Identification of special projects, incentives, and prevention programs.

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MAKING SENSE OF ALL
THAT WE NEED TO DO

HOW CAN WE ACHIEVE SUCCESS AS A BOARD

Communicate to the Broader Public?

Rotary Presentations, News Profiles, Community Events

Focus Action Around Particular Goals?

Penetration Rates, Disparity, Gaps, Service Type

Focus Meetings Around Particular Issues we wish to Report?

Workforce Development, Resource Development, Service Gaps

DISCUSSION